



One Step Beyond: Reflexology Using the Whysong Method, Helen Whysong, Netsource Dist Services, 2006, 0974357839, 9780974357836, 187 pages. Reflexology is a complementary, integrative health science. Dr. Fitzgerald call this nature's push button for vibrate health. Learn to locate the reflex points applying Whysong Rock, Brain Surgery, Reflex Arch, and use combinations of reflex points that blend together for an awesome result of relaxation, relieve of pain and stress. REACH OUT - TOUCH SOMEONE, WITH YOUR HEART, AND MIND. TAKE A HOLD OF THAT SOLE, HELP IT ENERGIZE AND COME ALIVE AND BECOME PROSPEROUS. AS YOU HOLD THAT SOLE AND SHARE YOU ARE UNFOLDING AND EXPERIENCING REFLEXOLOGY WITH FRIENDS, FAMILY AND CLIENTS. EACH NEW DAY CAN BE A GROUND BREAKING DAY OF ADVENTURE; LEARNING NEW CONCEPTS, TRYING NEW IDEAS AND SHARING NEW POSSIBILITIES. REFLEXOLOGY IS THE GIFT OF LOVE IN THE ART OF HEALING MIND, BODY AND SPIRIT. ONE FOOT AT A TIME..

Zone Therapy , William H. Fitzgerald, Edwin F. Bowers, George S. White, Jun 1, 1994, Psychology, 318 pages. 1917 Contents: Relieving Pain by Pressure; That Aching Head; Curing Goitre with a Probe; Finger Squeezing for Eye Troubles; Making the Deaf Hear; Painless Child Birth; Zone

Hand Reflexology Key to Perfect Health, Mildred Carter, Tammy Weber, Nov 1, 1999, , 299 pages. An introduction to hand reflexology reveals the keys to this ancient healing art and outlines the exercises that can ease pain from headaches, back pain, sciatica, ulcers

The Chakras , Charles Webster Leadbeater, 1972, Health & Fitness, 132 pages. In this classic of esoteric literature, a clairvoyant examines the spiritual force centers in our body..

Random House word menu , Stephen Glazier, 1997, , 767 pages. Lists and defines words and terms in over seven hundred subject areas including nature, science and technology, domestic life, arts, language, and institutions.

Reflexology , Maybelle Segal, 1976, , 101 pages. .

Chakra Therapy For Personal Growth and Healing, Keith Sherwood, 2002, Body, Mind & Spirit, 244 pages. Describes the workings of the human energy system, suggests exercises to increase one's energy level, and tells how to achieve balance and harmony.

Zone Therapy , Harry B. Bressler, 1996, , 174 pages. 1955 the author gives corrections for splay foot, back ache, asthma, loss of voice, wry neck, toothache, anemia, writers cramp, tic-doloureux (neuritis, neuralgia) sneezing

Never Be Sick Again Health Is a Choice, Learn How to Choose It, Raymond Francis, 2002, Health & Fitness, 300 pages. Presents a practical theory of health and disease that aims to revolutionize the way we look at illness. This book provides readers a holistic approach to living that will

Zone therapy , Anika Bergson, Vladimir Tuchak, 1974, , 149 pages. .

Reflexology a basic guide, Beryl Crane, Jan 1, 1998, Health & Fitness, 144 pages. .

Zone Reflex , Joe S. Riley, W. E. Dalglish, Sep 1, 1996, , 264 pages. 1924 Combined with Diet, Massage, and Hydrotherapy by W. E. Dalglish. Scores of charts and photos. Also the Zonery System by Pharus the Egyptian, a system to stop pain and build

Never Fear Cancer Again How to Prevent and Reverse Cancer, Raymond Francis, Aug 1, 2011, Health & Fitness, 372 pages. With "Never Fear Cancer Again," readers are sure to gain a revolutionary new understanding that cancer is a "biological process" that can be turned on and off, not something that

The Reflexology Handbook A Complete Guide, Laura Norman, Thomas Cowan, 2006, , 319 pages. Reflexology has become one of the most popular and accessible alternative health therapies. It is based on the ancient principle that each part of the body has a direct

Reflexology A Practical Approach, Vicki Pitman, Kay MacKenzie, 2002, Health & Fitness, 278 pages. This book is an essential guide written for all students and practitioners of Reflexology. Completely revised, the new edition includes a two-colour design to further enhance

The American Heritage Dictionary Fourth Edition, Houghton Mifflin Company, Jun 26, 2001, , 960 pages. Over 70,000 entries Thoroughly revised and updated 1,000 new words and meanings Over 400 photographs and illustrations Expert guidance on correct usage Based on the

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