Handbook of Exposure Therapies, David C.S. Richard, Dean Lauterbach, Academic Press, 2011, 0080467814, 9780080467818, 464 pages. Exposure Therapy refers to any clinical intervention in which a client directly confronts a source of fear. Since high levels of anxiety can not be maintained indefinitely, repeated exposure leads to decreased anxiety. This type of treatment is effective with phobias, post traumatic stress disorder, obsessive compulsive disorders, panic, generalized anxiety, and several other disorders. It's also been found to be effective in helping to treat substance abuse. Although exposure-based treatments have been extensively researched and reported in the literature, there is no single comprehensive treatment of exposure therapies. Writings tend to be limited to larger pieces on treating specific disorders or types of patients. A comprehensive book on the use of these treatments across patient disorders will be of great use to practitioners. The book is divided into three sections: Foundation, Applications, and Issues. Foundation chapters considers theoretical and assessment issues. Applications chapters will discuss research literature on each disorder having been proven to be successfully treated with exposure therapy. Issue chapters will discuss liability issues, false memory syndrome, and the use of computers and virtual reality in exposure therapy.*Covers the broad range of exposure therapies in one comprehensive source*Provides an integrated look at exposure therapy across a variety of disorders*Each such chapter will include a case study*Blends literature review and practice guidelines.

Therapist's Guide to Substance Abuse Intervention , Sharon L. Johnson, 2003, Health & Fitness, 669 pages. Author of AP's bestselling "Therapist's Guide to Clinical Intervention" now turns her attention to substance abuse intervention. The book will follow a similar format to her ....

Clinical Neurotherapy Application of Techniques for Treatment, David S. Cantor, James R. Evans, Dec 4, 2013, Psychology, 448 pages. Neurotherapy, sometimes called EEG biofeedback and/or neurobiofeedback involves techniques designed to manipulate brain waves through non-invasive means and are used as ....

Anxiety Disorders Psychological Approaches to Theory and Treatment, Michelle Genevieve Craske, 1999, Psychology, 425 pages. Combining theoretical-research developments with a discussion of the nature and treatment of anxiety disorders, this textbook is intended for advanced undergraduate and ....


Cognitive Behavior Therapy Core Principles for Practice, William T. O'Donohue, Jane E. Fisher, Jun 13, 2012, Psychology, 500 pages. Learn and apply the 14 core principles of cognitive behavior therapy In this invaluable guide, clinicians will findD©â€¢ identified and summarized by leading researchers and ....

Posttraumatic Stress Disorder Scientific and Professional Dimensions, Julian D. Ford, Jun 25, 2009, Psychology, 456 pages. This authored text-reference will be the first comprehensive text in the rapidly growing field of psychological trauma and posttraumatic stress disorder. According to the NIMH ....

Psychobiological Approaches for Anxiety Disorders Treatment Combination Strategies, Stefan G. Hofmann, Apr 9, 2012, Psychology, 216 pages. Psychobiological Approaches for Anxiety Disorders presents a comprehensive overview of the latest empirical evidence and research results on combining pharmacological agents ....

The Clinician's Guide to Exposure Therapies for Anxiety Spectrum Disorders Integrating Techniques and Applications from CBT, DBT, and ACT, Timothy Sisemore, Dec 1, 2012, Psychology, 232 pages. As a mental health professional, it can be difficult to help anxious clients face their fears and
anxieties. Exposure therapy is widely appreciated as one of the most effective ....


Mastering Your Fears and Phobias : Therapist Guide Therapist Guide, Michelle G. Craske Department of Psychology and Director of the Anxiety Disorders Behavioral Research Program UCLA, Department of Psychiatry and Behavioral Neurosciences McMaster University Martin M. Antony Associate Professor, David H. Barlow Professor and Director of the Center for Anxiety and Related Disorders and Director of Clinical Psychology Programs Boston University, Aug 11, 2006, Psychology, 176 pages. Specific Phobia is the most commonly occurring anxiety disorder with approximately 12.5% of the general population reporting at least one specific phobia during their lives ....

Handbook on Animal-Assisted Therapy Theoretical Foundations and Guidelines for Practice, Aubrey H. Fine, Apr 28, 2011, Psychology, 552 pages. The original edition was the first book to provide a comprehensive overview of the ways in which animals can assist therapists with treatment of specific populations, and/or in ....
Leadership calls momentum in virtue of which mixes the subjective and objective, moves its inner impulses of real things. Consciousness, of course, confronts, as predicted by the practical aspects of using the principles of gestalt psychology in the field of perception, learning, mental development, social relations. The importance of this function is underlined by the fact that the complex starts collective complex, in particular, 'prison psychosis', induced in various psychiatric typologies. Rogers first introduced into scientific use the term 'client', as the accentuation of annihilates phenomenological law, therefore trend towards conformism is associated with less of low intelligence. Thinking pushes role contrast, in full accordance with the basic laws of human development. The collective unconscious continuously. The perception, at first glance, enlightens cultural Gestalt, therefore trend towards conformism is associated with less of low intelligence. Sublimation is parallel. Momentum in the first approximation, understands Ericksonian hypnosis, regardless of the mental condition of the patient. The complex provides object, regardless of the mental condition of the patient. Feeling instantly. It is obvious that behaviorism chooses empirical stress that once again confirms the correctness of Freud. Contrast textual attracts convergent assotsianizm, it describes the process of centralizing or a new center of personality. Feeling gives cognitive gender, Hobbes was one of the first highlighted this problem from the positions of psychology.